MARYLAND DEPARTMENT OF TRANSPORTATION STATE HIGHWAY ADMINISTRATION

Guidelines for Preparing Maryland Department of Transportation State Highway Administration Research Reports

Revised February 2023

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INTRODUCTION

This document provides guidance to universities and consultants who provide research services to the Maryland Department of Transportation State Highway Administration (MDOT SHA). It is MDOT SHA's goal to maintain consistency in the organization and presentation of all research reports and to ensure that all publications meet high standards for both content and presentation. MDOT SHA staff review draft reports to ensure that they are clearly written, well organized, and properly edited. Any report that is determined to be unacceptable will be promptly returned to the Principal Investigator. Therefore, researchers are encouraged to contact the Research Division for clarification of the guidelines prior to submitting a draft report.

RESEARCH REPORT OVERVIEW

All Research Reports should include the following items in this order. Please note that the total report (not including the appendices and two-page summary) should not exceed <u>50 pages</u>.

- Report cover (provided by MDOT SHA, sample attached in Appendix A)
- Disclaimer Notice (provided by MDOT SHA)
- Technical Report Documentation Page (sample attached in Appendix B)
- Table of contents (including list of figures and tables if applicable)
- Acknowledgements (as appropriate)
- Executive Summary
- Body of the Report
- Glossary (as appropriate)
- References (as appropriate)
- Appendices (as appropriate)
- Two-page summary (included as a separate file, sample attached in Appendix C)

REPORT COVER

The template for the cover page is provided by MDOT SHA. A sample is in Appendix A.

DISCLAIMER NOTICE

The MDOT SHA requires a standard disclaimer notice. The disclaimer is located on the back side of the cover page and is included in the template.

TECHNICAL REPORT DOCUMENTATION PAGE

The author completes the Technical Report Documentation Page. The document is used to help enter information about the project into research databases such as the Transportation Research Board's (TRB) Transportation Research Information Database (TRID). The Principle Investigator shall apply for an Open Research and Contributor ID (<u>ORCID</u>) number and include it on this page. Instructions for completing it are in Appendix B.

TABLE OF CONTENTS

The table of contents should include the executive summary, chapter or section titles, acknowledgements, a list of tables and figures, references, and appendix titles.

ACKNOWLEDGEMENTS

The acknowledgements section should include the names, titles, and affiliations of the individuals involved in the project and state how they contributed to the research.

EXECUTIVE SUMMARY

Each report begins with an executive summary which provides a brief (or bulleted) overview of the report, focusing on the scope of work, principal findings, and recommendations. The executive summary should be no more than three pages.

BODY OF THE REPORT

The body of the report should be written for the transportation professional whose primary concern is to put research results into practice. The following format should be followed:

- Introduction background information on the subject and the research objective.
- Literature Review review of previous research related to the subject.
- Methodology method of collecting data, analysis of data, equipment used, procedures
- Research Findings/Discussion presentation of results, validity of the research objective, factors affecting results, implications.
- Conclusions and Recommendations for implementation opinions based on the results, suggestions for future work, and recommendations on how the research can be implemented by MDOT SHA.

GLOSSARY

If appropriate, a glossary should be included to define technical terms used in the report that may not be familiar to the reader.

REFERENCES

All references cited in the report should be listed in this section. Any style may be used as long as it is consistent, and all reference elements are included (author(s), title, publication number, publisher's name and city, publication date).

APPENDICES

The appendices should include any supplementary material that is directly or indirectly related to the report and additional information for those interested in more technical detail. Appendices can include the following information:

- Forms
- Manuals and guidelines
- Documentation and further elaboration of research findings
- Formulas and mathematical analyses

TWO-PAGE SUMMARY

The author completes the Two-Page Summary. Use of pictures and/or illustrations is encouraged which would enhance readers' appreciation of the findings. The document is used to announce the research results to other state DOTs, the AASHTO Research Advisory Committee (RAC), TRB, and other transportation organizations. The summary should be organized in four main categories: the need, the goal, what the research team did, the outcome, and how MDOT SHA will use the results, in 600 words or less. The Two-Page Summary template is provided in Appendix C.

GENERAL REQUIREMENTS

TYPE ARRANGMENT AND TYPE FACES

- The font for main text is 12 point Times New Roman and no larger than 18 point Times New Roman for headings. Cursive, italic, or ornamental faces are appropriate only for emphasis of specific words or for headings.
- Margins must be at least one inch on all sides, including pages with graphics.
- Spacing should be uniform throughout the report. Single line spacing is preferred in most cases, with double spacing between paragraphs.
- Right margins should not be justified. Type with ragged margins is easier to read and edit.
- The heading or first or last line of a paragraph should not be alone at the top or bottom of a page.

PAGE NUMBERING

Page numbers should be vertically centered or right justified, ¹/₂ inch above the bottom of the page in at least 10 point Times New Roman font. Page numbering begins with the Executive Summary and continues to the final page, including appendices. Table of Contents pages can be numbered with Roman numerals starting at "ii" (technical documentation page is counted as Page i).

TENSE

As the report writes about events which have already happened, the tense should be mainly past tense. However, in some parts of the document, it may be appropriate to use present or future tense. For instance, if the author is covering facts that were, are, and forever shall be true, the facts may be referred to in present tense. If the author is writing about experiments or activities yet to come, future tense is appropriate.

POINT OF VIEW

The third-person point of view (he, she, it, one, they) is the standard for professional writing and as such, should be used for all MDOT SHA research reports. For example, words such as "I" or "we" should not be used; instead, use "the principal investigator" or "the research team." This ensures that the emphasis is put on the subject rather than the writer or the reader.

ACRONYMS

Acronyms are always spelled out the first time they are used in the report. When using an acronym to refer to the Maryland Department of Transportation State Highway Administration, always use "**MDOT SHA**." Do not use "SHA," "MSHA," or "MDSHA."

MEASUREMENT

Measurement in MDOT SHA reports are in standard English units (inch-pound). Authors may provide equivalent metric units in parentheses if so desired.

GRAPHICS

Graphics include maps, tables, figures, and photographs. They may be color but where possible, should be designed so that they will be clear and legible when reproduced in black and white. They should also be placed on the page so they can be viewed without turning the page sideways. If the graphic must be placed sideways, the page number location should be consistent with the other pages, i.e., at the bottom of the short side of the page.

All graphics are numbered in a single sequence (Table 1, Table 2) from the beginning through the end of the report and have a caption which identifies it. These captions are brief and are centered on the page. A brief description of the information presented is provided directly below the graphic to ensure that the report can be read using assisted reading devices.

In order to keep the report file size as small as possible the following guidelines should be used:

After you copy the graphics, use the "Paste Special" command in the "Edit" menu.

- If the original graphics is a bitmap image, paste it as a "Device Independent Bitmap" (DIB) which is best viewed under different machines and video modes.
- If the original graphics is a drawing, i.e. vector image, paste it as a "Picture" or "Enhanced Metafile Picture" for best quality and compatibility.
- Please note that exceptions to the guidelines for graphics must be approved by MDOT SHA. Please contact the Research Division to discuss alternative options.

COPYRIGHTED MATERIAL

Authors are responsible for obtaining permissions for the use of copyrighted materials. Copyright release statements should be included in the text. Legal liability for failure to do so falls on the author.

DELIVERABLE REQUIREMENTS

Researchers are required to prepare a final report that incorporates all reviewers' comments and reflects editing by a competent technical editor to ensure compliance with these guidelines. The following standard requirements apply:

- Provide an electronic Microsoft Word file of the final report. The file should be emailed to the administrative lead, or, if the file size is too large to be emailed (i.e. over 8MB), the Principal Investigator should upload it to a secure file sharing website.
- Provide a separate electronic file of the two-page summary in Microsoft Word. The twopage summary should also be emailed to the administrative lead or uploaded to a secure file sharing website.

Acceptance of the final report is based on the following criteria:

- 1. Fulfillment of the project objectives
- 2. Adequacy of documentation
- 3. Clarity of presentation
- 4. Confirmation that MDOT SHA's comments have been sufficiently addressed
- 5. Adherence to the guidelines in this document.

The Research Division and MDOT SHA technical office make the decision to accept and publish the final report and two-page summary using the criteria. Both are posted on the <u>Research</u> <u>Projects Page</u> on MDOT SHA's website.

BEST PRACTICES FOR MDOT SHA REPORTS

- Remember the audience for the report. The report should not read like a thesis or dissertation. It should be written for a transportation professional, be concise, well-organized, and easy to read.
- Do not use terms that the reader would not understand.
- Avoid redundancies. Do not repeat the same information over and over.
- Length matters. The report should be long enough to achieve its purpose but not a word longer.
- Appearance matters. Remember, the report is for practitioners who want to benefit from and use the information provided. Make it visually appealing and include only useful and easy to view graphics.
- Do not include mathematical equations in the body of the report. If the researcher feels that it is important to include that information, place it in the appendix and refer to it in the report.
- Hire a professional technical editor to review the report thoroughly before it is sent to MDOT SHA. Too often reports have to be returned to the researcher because there are significant errors in spelling, punctuation, and grammar.

APPENDIX A

REPORT COVER

SPR-Part B MD-23-Contract &Task#

Wes Moore Governor

Aruna Miller Lieutenant Governor

Paul J. Wiedefeld Acting Secretary Tim Smith, P.E.

Administrator



STATE HIGHWAY ADMINISTRATION

MARYLAND DEPARTMENT OF TRANPORTATION STATE HIGHWAY ADMINISTRATION

RESEARCH REPORT

REPORT TITLE

PRINCIPAL INVESTIGATOR AND RESEARCH TEAM MEMBERS

UNIVERSITY/COMPANY NAME

FINAL REPORT

Date

This material is based upon work supported by the Federal Highway Administration under the State Planning and Research program. Any opinions, findings, and conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Federal Highway Administration or the Maryland Department of Transportation. This report does not constitute a standard, specification, or regulation.

APPENDIX B

TECHNICAL REPORT DOCUMENTATION PAGE

TECHNICAL REPORT DOCUMENTATION PAGE

1. Report No. MD-23-Contract &Task#	2. Government Access	sion No. 3. R	ecipient's Catalog N	No.	
4. Title and Subtitle		5. R	eport Date		
Enter title and subtitle (use mixed case with initial caps for first word in title and subtitle) with volume and part numbers, if applicable.		in title and Ente Ente mon	Enter same date as is on the report cover. Enter full publication date, including month and date, if available, and full year. Example: June 5, 2019 or June 2019.		
		Ente	6. Performing Organization Code Enter any/all unique numbers assigned to the performing organization, if applicable.		
7. Author(s)			erforming Organiza		
Names of research team members. Primary author is listed first. Form of entry is first name, middle initial (if applicable), last name, and any additional qualifiers. After each author name, enter ORCID (<u>https://orcid.org/</u>) URL, when available. Example: Josiah Carberry, Ph.D. https://orcid.org/0000-0002-1825-0097		n of entry is first Ente lifiers. After num	Enter any/all unique alphanumeric report numbers assigned by the performing organization, if applicable.		
9. Performing Organization Name and Address		10.	10. Work Unit No.		
University or Company Name					
Mailing Address		11.	Contract or Grant N	No.	
City State Zip			SHA/xx/#-##		
12. Sponsoring Agency Name and Address		13.	13. Type of Report and Period Covered		
Maryland Department of Transportation (SPR)			SPR-B Final Report (June 2012-June		
State Highway Administration		2014	2014*)		
Office of Policy & Research		*Th	*This is the performing period.		
707 North Calvert Street			14. Sponsoring Agency Code		
Baltimore MD 21202		(712	(7120) STMD - MDOT/SHA		
15. Supplementary Notes					
16. Abstract		1 1 .1			
Enter a brief factual summary of the most si work. When appropriate, the abstract should see ANSI/NISO Z39.14-1997 (R2015) Guid (http://www.niso.org/apps/group_public/pro	l include advice on how the lelines for Abstracts	he results of the research			
17. Key Words		18. Distribution Stat	18. Distribution Statement		
•		This document is ava	is available from the Research Division		
19. Security Classif. (of this report)	20. Security	Classif. (of this page)	21. No. of Pages	22. Price	
None	None				
Form DOT F 1700.7 (8-72)		Repro	duction of complete	d page authorized	

APPENDIX C

TWO-PAGE SUMMARY

MOT MARYLAND DEPARTMENT OF TRANSPORTATION

STATE HIGHWAY ADMINISTRATION

RESEARCH SUMMARY

PROJECT TITLE

WHAT WAS THE NEED?

Describe in three or four sentences the problem examined and why it was an important problem for study.

WHAT WAS THE GOAL?

State the primary objective of the study, the expected outcomes, and deliverables in 50 words or less.

WHAT DID THE RESEARCH TEAM DO?

Briefly highlight how the study was conducted. Include basic assumptions, data gathering methodology, data analysis strategy and tools or instruments used in the study. This section should be limited to one or two paragraphs and if possible, should include a photo or easy to understand diagram, drawing or illustration, which shows a primary focus of the study.

PUBLICATION MONTH, YEAR

REPORT NUMBER: MD-xx-SHA/xx/x-xx

START DATE: Notice to Proceed Date

COMPLETION DATE:

Contract End Date

PRINCIPAL INVESTIGATOR:

Name Organization Email address

Maryland Department of Transportation State Highway Administration • Research Division 707 North Calvert Street • Baltimore, Maryland 21202 • Research@mdot.maryland.gov

WHAT WAS THE OUTCOME?

Identify the major findings, recommendations, benefits of the research, and <u>how the results will</u> <u>be applied by MDOT SHA</u>.

HOW WILL MDOT SHA USE THE RESULTS?

The Project Manager in the Research Division will add this information.

LEARN MORE

The Project Manager in the Research Division will add this information. To view the complete report, click here.

For more information on research at MDOT SHA, please visit our website.